

## **A Healthy Love Hierarchy| How to Choose Our First Priority?**

### **H1 The Role of Our Human Dimension in Creating a Healthy Love Hierarchy?**

No jokes! As we said earlier, our whole personality is based on our love hierarchy.

It is a system that is formed based on our knowledge and viewpoint about ourselves and is reflected in all aspects of our lives. From our relationships and decisions to our thoughts and behaviors, all are influenced by perfections to which we have given priority.

The wrong organization of the love hierarchy has led many people astray. After reading this article, we may even realize that we ourselves have not acted properly in this regard. So it is important to know the characteristics of a healthy love hierarchy, so that we do not regret it later. If we want to be in line with the purpose of our creation to achieve lasting happiness and peace, we have no choice but to adjust our love hierarchy. Just like when we have an important task or meeting, we carefully check our schedule, remove obstacles, and actually prevent possible harm. Checking our love hierarchy and desires also makes us not get caught in the trap of illusions and destructive fantasies and helps us protect ourselves.

In the article "[What Are Our Priorities? How Is Our Hierarchy of Love Created?](#)" we mentioned what the love hierarchy is, and in this article, we intend to examine the characteristics of a healthy love hierarchy.

## **Characteristics of a Healthy Love Hierarchy**

We said that our love hierarchy is the arrangement of our desires and priorities when actualizing the potentials of the different dimensions of our being. But not all arrangements get us to our goal. If we place our inanimate, vegetative, or animal perfections at the top of our love hierarchy, we have lowered ourselves to the level of an inanimate object, plant, or animal. Even prioritizing intellectual perfections cannot help us reach our human goal. We can only attain a healthy love hierarchy when we place our supra-rational and human dimension at the top of all our beloveds and let the human dimension of our being rule over us. In fact, a healthy love hierarchy is formed when all the faculties of our soul work under the control and supervision of the supra-rational dimension, and the reinforcement of the supra-rational is their only concern.

Therefore, if do not want to fall into negligence and have a healthy love hierarchy, we must act vigilantly. Reaching such a status depends on giving first priority to the human dimension, its needs, and desires and properly managing other faculties of our soul. It is worth mentioning that acknowledging the needs of the supra-rational dimension does not mean ignoring other dimensions of existence and their needs, but rather, it means organizing and managing the needs of these dimensions so that each one is at its proper place and is addressed as needed, neither less nor more.

Just as in preparing a meal, by adding the right portion of the ingredients at the right time, we will eventually get the desired taste and texture, we should be obsessed about the time and amount of dealing with each of the faculties of the soul in order to finally get the desired balance in ourselves.

## **Why Do We Need to Create Balance?**

Achieving balance is necessary for being happy and peaceful. We stated that we humans seek infinity and we have a desire to achieve unlimited perfections; however, not all our dimensions have the capability to be infinite. Only the human dimension of our being is a part of the unlimited infinity and can acquire it. As a result, if the supra-rational faculty does not govern our being, the desire of other dimensions of our existence tend to go for being infinite, leading us to an endless rough road, a road where the further we go, the more restless and sadder we become.

It does not matter which one of the lower dimensions of our being controls our life because having a tendency towards any of these dimensions and faculties is equally dangerous. Whether all we want is to earn money and wealth, whether we strive to gain knowledge, or whether we seek to find beauty or social power, the result of all these perfections is a restless being and a ruined life. There is no end to seeking these kinds of perfections; the further we go, the more we want, but our existential structure has a limited ability to enjoy these kinds of perfections.

This is why paying excessive or insufficient attention to the perfections of the lower dimensions of existence is dangerous and can throw us off balance. The only eternal, infinite, and unlimited dimension of our existence is the human dimension, which only attains lasting peace and happiness if it reaches and connects with its True Beloved; lack of this connection will not be compensated for even by reaching the highest level of perfection in other dimensions.

Our existential structure is balanced when all our faculties work under the control of our human dimension so that we achieve a healthy love hierarchy. If this balance

is not maintained in our soul, as soon as we face a challenge, we prefer the beloveds of the lower dimensions to the beloved of our human dimension and upset our balance. As a result, we become disturbed, anxious, and sad. It becomes like a society that is out of control of the government, and when the slightest problem occurs, it goes into chaos and destruction.

In fact, the needs and perfections of all the faculties and dimensions of the soul, such as loving and wanting a child, wealth, business, science, etc., are natural and desirable in themselves unless they are in contradiction and conflict with our True Beloved and with the perfections of our supra-rational or human dimension. That is why in this state they take us out of our human balance and lead to our destruction.

In this article, we learned about the characteristics of a healthy love hierarchy. We said that the balance in our soul and the resulting peace and happiness can only be achieved if the supra-rational dimension of our existence governs our soul, that is, when the needs and desires of our other faculties do not have priority over the perfections of our human dimension, and our whole being strives to actualize human (spiritual) potentials.

On what basis have you prioritized your life? Do you give the desires of the human dimension of your existence the highest priority? Did this article influence the better organization of your love hierarchy? Share your thoughts with us.