

## Supplication 29

### The Prayer of Seeking Refuge

It is reported from Imam al-Sadiq (Peace be upon him) that Imam Ali ibn al-Hussain (Peace be upon him) said, "If I say these words, I do not care if all humans and jinn gather to harm me."

بِسْمِ اللَّهِ وَبِاللَّهِ وَمِنْ اللَّهِ وَإِلَى اللَّهِ، وَفِي سَبِيلِ  
اللَّهِ، وَعَلَى مِلَّةِ رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ،

In the name of Allah, by Allah, from Allah, to Allah, and for the sake of Allah, and upon the creed of the Messenger of Allah (Peace be upon him and his family).

اللَّهُمَّ إِلَيْكَ أَسْلَمْتُ نَفْسِي، وَإِلَيْكَ أَلْجَأْتُ  
ظَهْرِي،

O Allah! To You, I submit myself, to You,  
I entrust my back,

وَإِلَيْكَ وَجَّهْتُ وَجْهِي، وَإِلَيْكَ فَوَّضْتُ أَمْرِي.

To You, I turn my face, and to You, I commit my affairs.

اللَّهُمَّ احْفَظْنِي بِحِفْظِ الْإِيمَانِ

O Allah! Protect me with the protection of faith,

مِنْ بَيْنِ يَدَيَّ وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ  
شِمَالِي، وَمِنْ فَوْقِي وَمِنْ تَحْتِي وَمِنْ قِبَلِي،

from before me and behind me, from my right and my left, from above me and beneath me, and from every direction.

وَادْفَعْ عَنِّي بِحَوْلِكَ وَقُوَّتِكَ، فَإِنَّهُ لَا حَوْلَ وَلَا قُوَّةَ  
إِلَّا بِكَ.

And repel from me by Your power and strength, for surely, there is no power nor strength except by You.