

Supplication 61

Seeking Health and Expressing Gratitude for It

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ، وَأَلْيُسْنِي عَافِيَتَكَ،
وَجَلِّلْنِي عَافِيَتَكَ،

O Allah, send Your blessings upon Muhammad and his family. Clothe me in Your well-being, encompass me with Your well-being,

وَحَصِّنِي بِعَافِيَتَكَ، وَأَكْرِمْنِي بِعَافِيَتَكَ،

Protect me by Your well-being, honor me with Your well-being,

وَأَغْنِنِي بِعَافِيَتَكَ، وَتَصَدَّقْ عَلَيَّ بِعَافِيَتَكَ،

Enrich me through Your well-being, bestow it upon me as charity,

وَهَبْ لِي عَافِيَتَكَ، وَأَفْرِشْنِي عَافِيَتَكَ، وَأَصْلِحْ لِي
عَافِيَتَكَ،

Grant me Your well-being, extend Your well-being to me, and make Your well-being a blessing upon me,

وَلَا تُفَرِّقْ بَيْنِي وَبَيْنَ عَافِيَتِكَ فِي الدُّنْيَا وَالْآخِرَةِ.

And never separate me from Your well-being in this world and the Hereafter.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ، وَعَافِنِي عَافِيَةً كَعَافِيَةً
شَافِيَةً عَالِيَةً نَامِيَةً،

O Allah, send Your blessings upon Muhammad and his family, grant me a well-being that is sufficient, healing, exalted, and growing,

عَافِيَةً تُولِّدُ فِي بَدَنِي الْعَافِيَةَ، عَافِيَةً الدُّنْيَا وَالْآخِرَةِ،

A well-being that generates well-being in my body, and well-being in both this world and the Hereafter,

وَامْنُنْ عَلَيَّ بِالصِّحَّةِ وَالْأَمْنِ وَالسَّلَامَةِ فِي دِينِي وَ
بَدَنِي،

Bestow upon me health, safety, and security in my faith and my body,

وَالْبَصِيرَةِ فِي قَلْبِي، وَالنَّفَادِ فِي أُمُوري،

Enlighten my heart with insight, give success in my affairs,

وَالْخُشُبَةِ لَكَ، وَالْخُوفِ مِنْكَ،

Grant me awe and fear of You,

وَالْقُوَّةِ عَلَى مَا أَمْرَتِنِي إِلَيْهِ مِنْ طَاعَتِكَ،

Empower me to carry out Your commands,

وَالْإِجْتِنَابِ لِمَا نَهَيْتَنِي عَنْهُ مِنْ مَعْصِيَتِكَ.

And help me to avoid what You forbid.

اللَّهُمَّ وَامْنُنْ عَلَيَّ بِالْحَجَّ وَالْعُمْرَةِ، وَزِيَارَةِ قَبْرِ
رَسُولِكَ - صَلَوَاتُكَ عَلَيْهِ وَرَحْمَتُكَ وَبَرَكَاتُكَ عَلَيْهِ
وَعَلَى آلِهِ - وَآلِ رَسُولِكَ عَلَيْهِمُ السَّلَامُ أَبَدًا مَا
أَبْقَيْتَنِي، فِي عَامِي هَذَا وَفِي كُلِّ عَامٍ،

O Allah, bless me with the opportunity to perform the Hajj and Umrah, and to visit the grave of Your Messenger (Peace, mercy, and blessings be upon him and his family) and the graves of his family, as long as I live, this year and every year.

وَاجْعَلْ ذَلِكَ مَقْبُولاً مَشْكُورًا، مَذْكُورًا لَدِيْكَ،
مَذْخُورًا عِنْدَكَ،

Make these acts accepted, appreciated, recorded, and stored with You,

وَأَنْطِقْ بِحَمْدِكَ وَشُكْرِكَ وَذِكْرِكَ وَحُسْنِ الشَّنَاءِ
عَلَيْكَ لِسَانِي، وَأَشْرَحْ لِمَرَاسِدِ دِينِكَ قَلْبِي،

Let my tongue praise, thank, remember, and
glorify You, open my heart to understand
the guidance of Your religion,

وَأَعِذْنِي وَذُرِّيَّتِي مِنَ الشَّيْطَانِ الرَّجِيمِ، وَمِنْ شَرِّ
السَّامَّةِ وَالْهَامَّةِ وَالْعَامَّةِ وَاللَّامَّةِ،

And protect me and my descendants
from Satan the accursed, from the harm
of every venomous and non-venomous
creature, from deadly afflictions and
widespread calamities,

وَمِنْ شَرِّ كُلِّ شَيْطَانٍ مَرِيدٍ، وَمِنْ شَرِّ كُلِّ
سُلْطَانٍ عَنِيدٍ، وَمِنْ شَرِّ كُلِّ مُتَرَفٍ حَفِيدٍ،

From every rebellious devil, from every
tyrannical ruler, from the arrogance of
the wealthy,

وَمِنْ شَرِّ كُلِّ ضَعِيفٍ وَشَدِيدٍ، وَمِنْ شَرِّ كُلِّ
شَرِيفٍ وَوَضِيعٍ،

From the harm of the weak and the strong,
the noble and the lowly,

وَمِنْ شَرِّ كُلِّ صَغِيرٍ وَكِبِيرٍ، وَمِنْ شَرِّ كُلِّ قَرِيبٍ
وَبَعِيدٍ،

The young and the old, the near and the far,

وَمِنْ شَرِّ كُلِّ مَنْ نَصَبَ لِرَسُولِكَ وَلِأَهْلِ بَيْتِهِ
حَرْبًا مِنَ الْجِنِّ وَالْإِنْسِينَ،

And from who have waged war against
Your Messenger and his family, from
among both the jinn and humankind,

وَمِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذُ بِنَاصِيَتِهَا، إِنَّكَ
عَلَى صِرَاطٍ مُسْتَقِيمٍ.

And from every being whose forelock
is in Your hand. Truly, You are on the
Straight Path.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ، وَمَنْ أَرَادَنِي بِسُوءٍ
فَاصْرِفْهُ عَنِّي،

O Allah, send Your blessings upon
Muhammad and his family. Repel from
me whoever intends me harm,

وَادْحِرْ عَنِي مَكْرَهٌ، وَادْرِأْ عَنِي شَرَهٌ، وَرُدَّ كَيْدَهُ
فِي نَحْرِهِ،

Frustate their schemes, deflect their evil,
and return their plots back upon them.

وَاجْعَلْ بَيْنَ يَدَيْهِ سَدًّا حَتَّى تُعْمَى عَنِي بَصَرَهُ،
وَتُصْمَمَ عَنْ ذِكْرِي سَمْعَهُ،

Place a barrier before them so that they
are blinded to me, make them deaf to
my mention,

وَتُقْفِلَ دُونَ إِخْطَارِي قَلْبَهُ، وَتُخْرِسَ عَنِي لِسَانَهُ،
وَتَقْمَعَ رَأْسَهُ،

Lock their hearts from pondering over
me, and silence his tongue from [speaking
of] me, and crush his head,

وَتُذِلَّ عِزَّهُ، وَتَكْسِرَ جَبَرُوتَهُ، وَتُذِلَّ رَقَبَتَهُ، وَتَفْسَخَ
كِبْرَهُ،

Crush their pride, break their arrogance,
and humble their necks, shatter their
conceit,

وَتُؤْمِنَنِي مِنْ جَمِيعِ ضَرِّهِ وَشَرِّهِ، وَغَمْزِهِ وَهَمْزِهِ،
وَلَمْزِهِ وَحَسَدِهِ وَعَدَاوَتِهِ، وَحَبَائِلِهِ وَمَصَائِدِهِ،
وَرَجِلِهِ وَخَيْلِهِ، إِنَّكَ عَزِيزٌ قَدِيرٌ.

Keep me safe from all their harm, evil, attacks, whispers, envy, enmity, traps, snares, cavalry, and foot soldiers. Surely, You are the Almighty, the All-Powerful.