

Who Is Our Real Beloved, and Why Only He Brings True Inner Peace?

Our Real Beloved: The Only Bond That Gives Inner Peace and Meaning

Our real beloved is the sole truth capable of bringing peace, meaning, and fulfillment to every dimension of human existence. Consciously or unconsciously, all humans are on a lifelong quest for this beloved. This search sometimes manifests as love for another person, at times as passion for a grand goal, or even as a thirst for power, wealth, or knowledge. Yet, each time the heart attaches itself to these temporary beloveds, a profound and eternal void resurfaces after a while.

This inner emptiness can only be filled when the supra-rational dimension, the part of human existence that transcends physical needs and rational calculations, finds its true counterpart. This dimension, known as the spiritual heart of humanity, yearns for its true beloved—the absolute and perfect truth from which all beauty, perfection, and goodness emanate. Without this connection, even humanity's seemingly successful endeavors resemble endless paths leading only to exhaustion and meaninglessness.

Knowing and connecting with this real beloved is not a fleeting emotion but a vital mission that infuses life with purpose, coherence, and dignity. This article seeks to explore why this beloved is the only true companion of the human heart, what obstacles stand in the way of this connection, and how, by following the path of prophets and infallible Imams, one can find and sustain this bond in today's world.

An Overview of the Truth of the Human Being and the Law of Pairs from the Perspective of the Quran

In the Quranic view, a human being is a multifaceted and wondrous creation whose existential dimensions form a ladder, ascending from the inanimate level to a realm beyond the intellect.

-At the first level lies our material dimension, composed of physical elements and governed by the laws of physics and chemistry.

-Next is the vegetative dimension, the source of life, growth, and reproduction within us.

-Then comes the animal dimension, characterized by instincts, movement, survival drives, and environmental responses.

-The fourth level is the intellectual dimension, which enables thought, analysis, reasoning, and discovery.

However, the most exalted dimension, the pinnacle of human existence, is the spiritual or supra-rational dimension—a realm with infinite capacity for love, faith, and connection to the Absolute Truth. It is at this level that we discover the authentic essence of our being and feel our heart yearning for a counterpart that is neither material nor limited but eternal and beyond all imperfections.

The Law of Pairs, which the Quran presents as a universal principle permeating all creation, runs like an invisible thread through these dimensions. In the material dimension, every substance finds meaning through its complement; in the vegetative dimension, a plant achieves perfection through soil, water, and light; in the animal dimension, a biological mate paves the way for the continuation of life;

and in the intellectual dimension, the mind is nourished by data, experience, and the most vital concepts.

However, at the supra-rational level, no material or purely intellectual entity can fulfill or bring peace to this dimension. At this summit, only the Absolute Truth—the Creator and source of all perfections—can serve as the true counterpart. The Quran reminds us that at this highest level, the peace and flourishing of the human heart are attained only through a connection with God. This truth forms a bridge to the concept of “real beloved”—the sole companion who is not only the ultimate destination of the heart but also the starting point of our journey toward meaning and peace.

God: The Only True Companion

In the realm of possibilities, no perfection is absolute or enduring. Every being, no matter how grand or complete it may seem, is limited, transient, and dependent.

The animal dimension of our being may find temporary peace in physical pleasures or the satisfaction of instincts. The intellectual dimension may feel fulfilled by discovering a formula or grasping a complex truth. But the heart—the core of our human essence—has a thirst that no finite phenomenon can quench. It only finds true peace in infinity because its capacity and desire are infinite.

The heart finds tranquility only in the infinite, for its capacity and longing are boundless. This infinite is not found in creations but solely in the absolute, limitless essence of the Creator—Allah. Thus, the heart remains restless, forever seeking,

until it connects with the real Beloved of humanity: the absolute, boundless Truth in the world.

This connection, unlike any other form of pairing—whether incomplete or fleeting—is eternal and unbroken. All other relationships, whether material, emotional, or intellectual, fade under the weight of time and life's changes, or they dissolve entirely. But the heart's bond with God transcends time, space, and even death. Far from being severed by death, this bond continues at a higher level. In other words, this pairing is the only bond that brings peace and flourishing in this world while remaining eternal and vibrant in the hereafter. For this reason, the Quran presents this connection as the sole source of true tranquility for the heart, inviting all seekers of truth to embrace it. Only with the real Beloved of humanity does this bond become complete, imbued with eternity and absolute assurance.

Why “*La ilaha illa Allah*” (There is no deity but Allah) Transcends Intellect?

The great declaration of monotheism, *La ilaha illa Allah* (“There is no deity but Allah”), is not merely a phrase to recite or memorize. It encapsulates a fundamental truth about the universe and human life: No deity, refuge, or source of reliance exists except the One God, and all forces and beings ultimately depend on Him. One who grasps the depth of this statement realizes that everything—from the movement of the smallest particle to the orbit of vast galaxies—exists under the power and wisdom of God. Human intellect can arrive at this conclusion. By observing the precise order of the universe, the harmony of its proportions, the fixed laws of nature, and the intricate balance of creation, we can figure out that this grand system cannot be without a creator or owner. Through philosophical

arguments, such as those of contingency and necessity, we can even prove that the existence of a single God is necessary. Reason can also dismantle mental idols and false beliefs through logic, paving the way for embracing the truth.

However, knowing this truth intellectually is distinct from living it and believing it wholeheartedly. This is where the heart comes in. The heart is where intellectual understanding transforms into a personal, living experience. When the heart embraces faith, *La ilaha illa Allah* becomes the axis of all human actions and choices. In this state, God becomes the center of our decisions, aspirations, hopes, and even anxieties. Joys and sorrows, successes and failures—all become pathways to draw closer to God.

When *La ilaha illa Allah* is truly embraced, it brings a profound and enduring peace to life—a peace unshaken even by the storms of adversity. A person no longer crumbles under the loss of wealth, status, or loved ones, for they rely on an eternal, unbreakable foundation. Thus, the intellect and the heart converge on a single truth, but it is the heart that sustains and deepens this relationship—a heart bound to the real Beloved of humanity, the infinite God, drawing strength, hope, and tranquility from this bond.

The True Companion and the Path to Salvation

In the logic of the Quran, *falah* (salvation, well-being, happiness) is more than mere deliverance from punishment or attainment of reward. It signifies reaching the pinnacle of human flourishing and fulfilling the purpose of human creation. The term, rooted in the idea of “splitting open,” refers in Quranic terms to piercing through the veils of ignorance, desire, and heedlessness to reach the light of truth.

The Quran identifies faith, righteous deeds, patience, piety, and following the divine path as signs of *falah*. Yet, at the core of these signs lies a fundamental truth: the heart's connection to its true Partner. This bond is the central axis around which all other virtues revolve. Without this connection, even a constellation of good deeds is like scattered stars lacking a unifying force, destined to eventually collapse.

Connecting the heart to its true Partner—the infinite source of perfection, God—not only quenches the soul's inner thirst but also actualizes humanity's latent potential. In this state, the intellect is freed from confusion and doubt, turning its gaze toward universal, enduring truths. Emotions are purified, liberated from the captivity of fleeting desires. The will becomes steadfast, sweeter than any temporary motivation, and all actions and decisions align with the purpose of creation. This is the point where the true Beloved assumes a central role: He becomes the center of gravity for life, and all relationships and endeavors derive their meaning and coherence from this core.

History offers vivid examples of this bond and its impact on true *falah*. Prophet Muhammad (Peace be upon him and his family), during the boycott in the Valley of Abu Talib, faced starvation and isolation yet maintained a serene spirit and unbreakable resolve because his heart was tethered to his true Companion. Imam Ali (Peace be upon him), at the moment of martyrdom in the mosque, stepped toward his Lord with a heart overflowing with certainty and peace. Imam Hussain (Peace be upon him), amidst the scorching heat of Karbala, surrounded by thirst and bloodshed, whispered remembrances of the true Beloved, and this connection freed him and his companions from fear and sorrow. In this sense, *falah* is not a

matter of chance or mere individual effort but the fruit of a tree rooted in the heart's bond with its true Partner, yielding salvation in both this world and the next. Whether consciously or not, the human journey is always a quest for a connection that brings true peace, meaning, and flourishing. The Quran and narrations from the Infallibles clarify that such a bond is possible only through the heart's spiritual connection to the true Companion of humanity—a Companion who is not limited or transient but absolute, infinite, and eternal. All temporary objects of affection or worship may spark fleeting moments of excitement or joy, but they cannot fill the void left by the absence of this singular connection. Only when the heart unites with this source does the mind attain insight, emotions gain purity, and the will achieve strength, aligning all human faculties in harmony with the purpose of creation.

In this article, we examined how intellectual distractions, mental clutter, and material attachments can cloud the heart's mirror, obstructing the vision of the real Beloved. But when this mirror is polished, the radiant image of the real Beloved becomes clear, and humanity realizes that all scattered paths converge at this point of unity. The lives of prophets and saints demonstrate that this connection is not only the source of personal tranquility but also the key to enduring the toughest trials and achieving true *falah*.

Ultimately, our real Beloved is not simply a far-off shore to which we journey after death but a presence that can permeate life from this very moment, transforming every dimension of existence. This bond is the key to lasting peace and profound meaning—a light that warms the heart, illuminates the path, and guides humanity toward eternal flourishing.